

Anaphylaxis is a serious, potentially fatal allergic reaction.

EPINEPHRINE is the **FIRST LINE** treatment for **ANAPHYLAXIS**.

*Symptoms of an allergic reaction can range from mild to severe, and can include one or more of the following**

Mucous Membrane Symptoms

Red watery eyes or swollen lips, tongue, or eyes.

Skin Symptoms

Itchiness, flushing, rash, or hives.

Gastrointestinal Symptoms

Nausea, pain, cramping, vomiting, diarrhea, or acid reflux.

Upper Respiratory Symptoms

Nasal congestion, sneezing, hoarse voice, trouble swallowing, dry staccato cough, or numbness around mouth.

Lower Respiratory Symptoms

Deep cough, wheezing, shortness of breath or difficulty breathing, or chest tightness.

Cardiovascular Symptoms

Pale or blue skin color, weak pulse, dizziness or fainting, confusion or shock, hypotension (decrease in blood pressure), or loss of consciousness.

Mental or Emotional Symptoms

Sense of “impending doom,” irritability, change in alertness, mood change, or confusion.

Learn the signs and symptoms of an allergic reaction. Know your Emergency Care Plan and be prepared to respond at ALL times.

Education Saves Lives

* Symptoms taken from the CDC Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and Education Programs.